

FOR PRACTITIONERS: A Holistic Multidimensional Framework for Healing - Self-development & Integration Course

STAGES	TOPIC	RESOURCES
Introduction	Model: The Theoretical Framework of Holism (free access)	<ul style="list-style-type: none"> You tube presentations (parts 1-4) Website resources Journal articles
<p>Phase 1</p> <p>Finding “What Else”</p>	<ul style="list-style-type: none"> <u>Module 1</u>: Holistic Postural Assessment (2 Day Course) <p>Using a Postural-Structural/Functional approach to locate Primary ART’s in the whole body.</p> <p>Includes: holistic principles, assessment, treatment & rehabilitation tips for integrating the whole person</p>	<ul style="list-style-type: none"> BTG1 (book) Holistic Integrated Assessment – 12 DVD set and manual (plan – online course option)
<p>Phase 2</p> <p>Treating “What Else”</p>	<ul style="list-style-type: none"> <u>Module 2</u>: Holistic Articulatory Technique (2 Day Course) <u>Module 3</u>: Holistic Muscle Energy Technique (2 Day Course) <p>To Identify ART (holistically and regionally) and treat relationships between “what else” and the tissues Causing symptoms.</p>	<ul style="list-style-type: none"> Handout notes
<p>Phase 3</p> <p>Links “what else” physically to findings in our Multidimensional Selves</p>	<ul style="list-style-type: none"> <u>Module 4</u>: Multidimensional Healing (6 Day Course) <p>Explores other levels of our Multidimensional selves (dimensions, centres, time elements, relationships, forms and more) for multidimensional ART and links this with findings from Holistic postural and craniosacral assessment (for “what else” expressing physical ART).</p>	<ul style="list-style-type: none"> Handout notes BTG2 (Book)